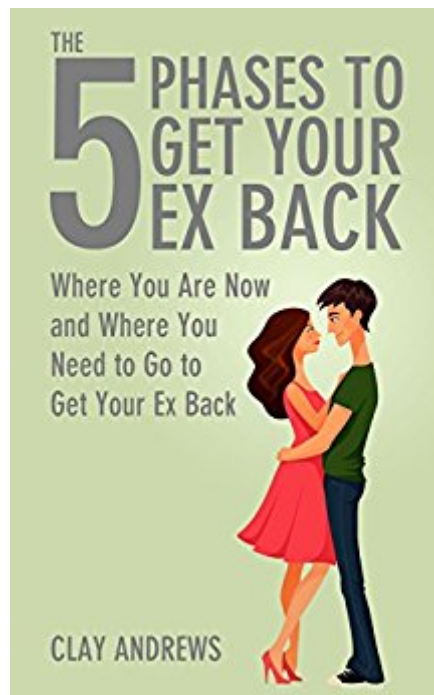




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The 5 Phases To Get Your Ex Back: Where You Are Now And Where You Need To Go To Get Your Ex Back



Synopsis

The 5 Phases to Get Your Ex Back Where You Are Now and Where You Need to Go to Get Your Ex Back When it comes to getting your ex boyfriend or ex girlfriend back and saving your relationship, there is actually a fairly common and predictable path toward reconciliation. By understanding human psychology and emotions, you can navigate your way through the seemingly unpredictable and confusing emotions of your ex. In this book, you'll discover: The hidden reason why your ex refuses to talk to you and what you can do to finally break through their walls and finally save your relationship and get your ex back. Why your ex may be acting cold or only gives you simple one-word answers when you write or message them. Have you ever experienced hot and cold behavior from your ex? How about mixed messages? All of that will be crystal clear when you understand their psychology and what's really going on in their mind. Plus, you'll learn how you need to respond to such behavior in order to get past this bump in the process of getting your ex boyfriend or ex girlfriend back. Even when everything seems ready to go... you like your ex and your ex likes you... there still may be something keeping the two of you from having a great relationship. How do you handle situations like this? What do you do when it's finally time to get your ex back? How do you have that conversation where the two of you can feel seen and understood? Inside, you'll learn how to make sure you and your ex both know that you're not walking right back into the same relationship you left in the first place. How to start a fresh new relationship together from a completely blank slate, burying all the pain and hurt from the past so you can both move forward without the baggage. The bottom line: If you're interested in learning how to get your ex back, this book will open your eyes to the hidden interpersonal dynamics that are at play so that you can be better equipped to handle your ex's unpredictable behavior, objections, and moodiness.

Book Information

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Customer Reviews

This is my first review of anything on . But I feel so strongly about this book. If you really love your ex or soon to be ex. This book may very well save your relationship. My lady had not left yet. But she was going to. I read this book cover to cover 5 times. I had to modify his technique at first because we were still living in the same house. But I gave her space and followed everything to a tee. it really did save us and I am sure it can save yours. It's not easy and can be frustrating at times but stick with the book. Don't be afraid to pick it up and reread it threw the difficult times and threw out the process. It really does work.

Its definitely worth the read if your going through a tough break up that you would like to try and reverse. I really appreciate the examples of advanced relational skills instead of just holding them hostage to sell another book.

I think 5 stars to this book is not enough, Clay you have given me lots of hope in getting my husband back. I have read ANC book I realized I was doing everything your advices in practice and I have seen little changes in my husband in a good way. I can't wait to read the next one. Thank you Clay very much for giving me hope

I loved this book. It's realistic and it makes sense. Instead of games and tricks, it really does help your decision making. Made me feel better almost instantly. It talks about your own personal emotions, and the emotions of your ex. It allows you to understand their point of view in regards to why the relationship failed. In really recommend this book!!!

This was really helpful in understanding where the other person is with their feelings. It's nearly impossible to know if your ex ignores you, so I think that if you want to at least be friends the right way (maybe more) then understanding the psychology is the most important part.

very bad

It is great book, that gives you hope. However it teaches you how to achieve getting back with your ex in a positive way.

I love how Andrews explains the things simply so anyone can understand it. The book was full of information that gives me a lot of hope at getting much better chances with my ex.

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